

# Parental Leave Suspension

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**If your policy number starts with a number (not letters) this fact sheet is for you.**

This fact sheet is for Members on Health Positive, Hospital Select Plus Modules, UniCare Advantage, and other Health Plans or group insurance schemes issued by UniMed.

*Effective 1 April 2026*

If you're taking parental leave, we're here to support you with options for retaining your health insurance. We recognise that it's important that you continue to have cover for any medical conditions you currently have or may develop while your policy is suspended.

- You can suspend your policy for a minimum period of 3 months and a maximum period of 12 months.
- The suspension will apply to all Members on the policy.
- You won't have to pay your premium while your policy is suspended.
- No claims can be made for services or events that occur during the period your policy is suspended.
- You're unable to access Active Benefits/Care while your policy is suspended.
- You must be a Member for a minimum of 12 months before your policy can be suspended.
- There is a minimum of 12 months between suspension periods. This 12-month period starts from the end date of the last suspension.

[Contact us](#) if you wish to suspend your policy and from which date. We'll advise if we need supporting information.

## Reinstating your policy

When you're ready to reinstate your policy, please [contact us](#). We'll provide information on your available options and outline the next steps.

You won't need to complete a health declaration when you reinstate your policy from suspension – this means there won't be any change to any personal exclusions that may apply to your policy.

*Subject to Terms and Conditions and any Special Joining Concessions that may apply if you're part of a group insurance scheme. Does not apply to the ParentStay Health Plan.*