

Effective from 1 September 2026

Day to Day

This Summary of Health Plan Changes details benefit changes to your Health Plan. These changes apply from 1 September 2026 and to any claims that you make for events that occur on or after that date.

You should read this along with your Health Plan document and other documents that make up your policy as listed in the Health Plan document.

Wording changes to existing benefits

Mental Health

We've updated the wording to clarify that counsellors must be registered with either the New Zealand Association of Counsellors or New Zealand Christian Counsellors Association. There is no change to your cover.

Other changes

Terms and Conditions

Updated Terms and Conditions apply from 1 September 2026. You can read these in your Health Plan document. There is also more information about the changes on our website at unimed.co.nz/changes-faq.

General wording

We have made some small updates to our wording and terminology to make things clearer and easier to understand. There is no change to your cover.