

Summary of Health Plan Changes effective 1 August 2026

Health Positive

This Summary of Health Plan Changes details benefit changes to your Health Plan. These changes apply from 1 August 2026 and to any claims that you make for events that occur on or after that date.

You should read this along with your Health Plan document and the other documents that make up your policy as listed in the covering letter you will have received along with this document.

Note your claims anniversary date is unchanged.

Wording changes to existing benefits

Mental Health

We've updated the wording to clarify that counsellors must be registered with either the New Zealand Association of Counsellors or New Zealand Christian Counsellors Association. There is no change to your cover.

General Wording

We have made some updates to our wording and terminology to clarify what makes up your policy and help make things clearer and easier to understand. There is no change to your cover.