

## Addendum effective 1 August 2025

### Health Positive

This summary of Health Plan changes details benefit changes to your Health Plan and applies to all claims for services on or after 1 August 2025.

You should read this along with your Health Plan Document and the other documents which make up your policy as listed in the covering letter you will have received along with this document. Note your claims anniversary date is unchanged.

You may also notice that we have updated some of our terminology in our Health Plan documents such as “usual and customary charges” which is now referred to as “reasonable charges”. This has been done with a view to making things easier to understand, there has been no change to the meaning of the terminology.

### Health Positive

Type of change	Benefit	Per policy year
Updated benefit to improve cover	<b>Specialists Consultations</b> A PET scan is included in cover.  Diagnostic investigations on referral from a specialist, excluding healthcare services performed in the specialists’ rooms. Limited to X-rays, ultrasound, ECG, EEG, CT scans, MRI scans, PET scans and diagnostic blood tests.	\$5,000 per policy year combined total
Updated benefit to improve cover	<b>Mental Health</b> This benefit covers the costs of reasonable charges for consultations with a psychiatrist, psychologist, psychotherapist or counsellor.  They must be registered either under the psychiatry scope with the Medical Council of New Zealand, as a psychologist with the New Zealand Psychologists Board, as a psychotherapist with the Psychotherapists Board of Aotearoa New Zealand, or as a counsellor with the New Zealand Association of Counsellors or other relevant association..  <i>This replaces the current mental health offering of three visits per year.</i>	\$1,000 per policy year
Updated benefit to improve cover	<b>Dietician/Nutritionist</b> Cover is now included for a registered nutritionist.  Consultation by a New Zealand Registered Dietician or Nutritionist on referral from a Registered Medical Practitioner. (excludes food/food substitutes)	\$300 per service per year/ up to \$600 total benefit per policy year
New benefit	<b>Bowel Screening Kit</b> After 3 years of continuous membership in this plan, this benefit provides you with access to an at-home bowel-screening kit. Visit the Members section of our website for terms of the benefit and information on how to access these.  Children do not qualify for this benefit.	One bowel screening kit every three years