

SECTION C - Supplementary pages

Health declaration

These questions need to be answered by everyone who is:

- » applying for a new policy, or
- » making changes to an existing policy.

Important: You must complete this section for each applicant. If you need more space, please see our website for supplementary pages.

9

Heart conditions

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for angina/heart pain, heart attack, heart failure, abnormal heart beat, arrhythmia, heart murmur or rheumatic fever?

Yes No (go to Q10)

Yes No (go to Q10)

| | Name of participant: | Name of participant: |
|--|---|---|
| Please provide details of the cardiac disorder. | | |
| When did you first experience symptoms of this condition? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| When did you last experience symptoms of this condition? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| Have you been referred to or consulted a GP or specialist about symptoms of any of the above? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you ever undergone or been advised to undergo any investigations and/or treatment for this condition? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you experienced any residual effects? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Do you require any on-going treatment, medication and/or monitoring? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details including treatment undertaken and/or medication prescribed: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details including treatment undertaken and/or medication prescribed: |

10

Raised blood pressure; raised or abnormal cholesterol

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for raised blood pressure or raised or abnormal cholesterol?

Yes No (go to Q11)

Yes No (go to Q11)

| | | |
|--|--|---|
| | Name of participant: | Name of participant: |
| Do you suffer from or have you been advised by a medical practitioner that you suffer from: | <input type="radio"/> Raised blood pressure <input type="radio"/> Raised or abnormal cholesterol | <input type="radio"/> Raised blood pressure <input type="radio"/> Raised or abnormal cholesterol |
| When did you first become aware you had raised blood pressure? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| When did you first become aware you had abnormal cholesterol? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| What treatment and/or medication have you been prescribed? | | |
| Has your treatment changed in the last 12 months? | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details: |
| How often is your blood pressure and/or cholesterol checked and by whom? | | |
| What were your three most recent blood pressure readings and cholesterol results? | Please provide results of total cholesterol, HDL, LDL, triglycerides and chol/HDL ratio. 1 _____ DAY / MONTH / YEAR 2 _____ DAY / MONTH / YEAR 3 _____ DAY / MONTH / YEAR | |
| Have you ever been admitted to hospital or consulted a specialist or been referred to a specialist as a result of your blood pressure and/or cholesterol readings? | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide dates, outcome of consultation(s) and details regarding any investigations and/or treatment: | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide dates, outcome of consultation(s) and details regarding any investigations and/or treatment: |
| Do you suffer from any complications or associated conditions? | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details: |

11

Breathing or respiratory disorders

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for shortness of breath, asthma, COPD, chest infections, pneumonia, bronchitis, tuberculosis, emphysema or sleep disorders?

Yes No (go to Q12)

Yes No (go to Q12)

| | | |
|--|--|--|
| | Name of participant: | Name of participant: |
| Please provide details of the breathing disorder (e.g. asthma, bronchitis). | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| When did you last experience symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| What treatment and/or medication have you been prescribed? | | |
| How frequent are/were the symptoms? | _____ per month/per year (delete one) | _____ per month/per year (delete one) |
| Do you consider your breathing disorder to be: | <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other | <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other |
| Have you been hospitalised and/or been on a nebuliser in the last two years? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you been prescribed steroids (e.g. prednisone) in the last two years? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you been referred to a specialist for investigations and/or treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |

12

Digestive disorders; stomach, intestine, liver or gall bladder problems

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for gastritis, ulcers, reflux, irritable bowel, Crohn's disease, colitis, coeliac disease, bowel polyps, abdominal pain, pancreatitis, liver inflammation, fatty liver, cirrhosis, gallstones or hernias?

Yes No (go to Q13)

Yes No (go to Q13)

| | | |
|---|---|---|
| | Name of participant: | Name of participant: |
| Please provide details of the type of digestive disorders and/or stomach, intestine, liver or gall bladder problems. | | |
| When did you first experience symptoms of this condition? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Do you still experience symptoms of this condition? | <input type="radio"/> Yes <input type="radio"/> No If no , when did you last experience symptoms? If yes , how many times per year? | <input type="radio"/> Yes <input type="radio"/> No If no , when did you last experience symptoms? If yes , how many times per year? |
| Have you been referred to or consulted a GP or specialist about symptoms of any of the above? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you ever undergone or been advised to undergo any investigations of the gastrointestinal tract (e.g. gastroscopy, endoscopy, colonoscopy)? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you undergone or been advised to undergo any treatment (including surgery)? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details including date(s) and outcome: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details including date(s) and outcome. |
| Have you in the past or are you currently taking any medication for this condition? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |

13

Cancer, cysts, tumours or growths

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for polyps, benign growths, any cancers or pre-cancerous condition, suspicious moles, cysts, abscesses, ganglion, basal cell carcinoma or melanoma?

Yes No (go to Q14)

Yes No (go to Q14)

| | Name of participant: | Name of participant: |
|---|--|--|
| Please provide details of the condition. | | |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms or become aware of this condition? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| What treatment was undertaken or advised? If surgical removal, please provide date. | | |
| If no treatment was undertaken, is the condition still present? | <input type="radio"/> Yes <input type="radio"/> No | <input type="radio"/> Yes <input type="radio"/> No |
| Do you know if the condition was: | <input type="radio"/> Malignant <input type="radio"/> Pre-malignant <input type="radio"/> Benign <input type="radio"/> Unsure | <input type="radio"/> Malignant <input type="radio"/> Pre-malignant <input type="radio"/> Benign <input type="radio"/> Unsure |
| Has there been any recurrence? | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details: |
| Have you seen a specialist, do you require any on-going follow-up, treatment or monitoring or has any follow-up/further treatment been recommended? | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details: |

14

Muscle or skeletal problems (including cartilage, tendon and ligament problems)

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for arthritis, back pain, neck/shoulder problems, whiplash, sciatica, scoliosis, ankylosing spondylitis, OOS, RSI, carpal tunnel, joint replacements, fractures, osteoporosis, gout or inflammatory conditions or any disorders of the hips, knees, ankles, feet, toes, shoulders, arms, elbows, wrists, hands or fingers?

Yes No (go to Q15)

Yes No (go to Q15)

| | | |
|---|---|---|
| | Name of participant: | Name of participant: |
| What is the name of the condition/complaint/injury? | | |
| What body part is affected? Please indicate if left or right limb. | | |
| When did you first suffer from this condition/complaint/injury, and how did it occur? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| How long did the symptoms last? | | |
| When did you last suffer from symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| Has this condition occurred more than once? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you been referred to or consulted a GP or specialist about symptoms of any of the above? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you had any investigations? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details of type, date and results: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details of type, date and results: |
| Have you had any treatment (including surgery)? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details including date: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details including date: |

Muscle or skeletal problems (continued)

| | Name of participant: | Name of participant: |
|---|--|--|
| Have you had any time off work or school as a result of this condition? | <input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> I have not yet returned to work/school If yes , please provide start date and duration: DAY / MONTH / YEAR | <input type="radio"/> Yes <input type="radio"/> No <input type="radio"/> I have not yet returned to work/school If yes , please provide start date and duration: DAY / MONTH / YEAR |
| Have you made a claim to ACC in respect of this condition? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Are you currently receiving treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Are you awaiting investigations, treatment or surgery, or have you been advised that treatment or surgery will be required? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Have you experienced any pain or discomfort since the last episode/symptoms? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |
| Are you aware of any arthritis or degeneration in the affected body part(s)? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details: |

15

Blood, immune or circulatory disorders

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for abnormal blood tests, anaemia, hepatitis, HIV, haemochromatosis, vitamin B12 deficiency, haemophilia, lupus or any autoimmune disorder or varicose veins, DVT or blood clots?

Yes No (go to Q16)

Yes No (go to Q16)

| | | |
|--|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> |
| Have you had any investigations and/or received any treatment? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication.</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication.</p> |
| Have you been referred to a specialist? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> |

16 Endocrine (glandular) disorders

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for diabetes (type 1 or type 2), thyroid problems, Graves' disease, abnormal thyroid function tests, pituitary problems or abnormal blood sugar and/or glucose tolerance tests?

Yes No (go to Q17)

Yes No (go to Q17)

| | | |
|---|---|---|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <input type="text"/> per month/per year (delete one) <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other | <input type="text"/> per month/per year (delete one) <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other |
| Have you had any investigations and/or received any treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication. | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication. |
| Have you been referred to a specialist? | <input type="radio"/> Yes <input type="radio"/> No If yes , when and what was the outcome? | <input type="radio"/> Yes <input type="radio"/> No If yes , when and what was the outcome? |

17

Urinary or kidney disorders

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for kidney or bladder problems, incontinence, urinary difficulties, kidney stones or kidney infections, kidney failure or recent and/or recurrent UTIs?

Yes No (go to Q18)

Yes No (go to Q18)

| | | |
|--|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> |
| Have you had any investigations and/or received any treatment? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> |
| Have you been referred to a specialist? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> |

18

Anal/rectal problems

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for haemorrhoids, change in bowel habit, anal fissures, anal bleeding or pilonidal sinus?

Yes No (go to Q19)

Yes No (go to Q19)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | _____ per month/per year (delete one) <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other | _____ per month/per year (delete one) <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other |
| Have you had any investigations and/or received any treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication: |
| Have you been referred to a specialist? | <input type="radio"/> Yes <input type="radio"/> No If yes , when and what was the outcome? | <input type="radio"/> Yes <input type="radio"/> No If yes , when and what was the outcome? |

19

Skin problems

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for eczema, dermatitis, rashes, psoriasis, acne or allergic conditions?

Yes No (go to Q20)

Yes No (go to Q20)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> |
| Have you had any investigations and/or received any treatment? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> |
| Have you been referred to a specialist? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> |

20

Brain or nervous system disorders

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for stroke, TIA, aneurysms, migraine, repeated headaches, vertigo, fainting, dizziness, multiple sclerosis, epilepsy/seizures, paralysis, motor neuron disease, nerve pain or meningitis?

Yes No (go to Q21)

Yes No (go to Q21)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> |
| Have you had any investigations and/or received any treatment? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> |
| Have you been referred to a specialist? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> |

21

Fatigue or pain syndromes

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for chronic fatigue, fibromyalgia or chronic pain syndrome?

Yes No (go to Q22)

Yes No (go to Q22)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> |
| Have you had any investigations and/or received any treatment? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> |
| Have you been referred to a specialist? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> |

22 Eye, ear or throat problems

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for cataracts, glaucoma, visual impairment, hearing loss, tinnitus, recent and/or recurrent ear infections, grommets, enlargement of adenoids, tonsillitis or recent and/or recurrent throat infections?

Yes No (go to Q23)

Yes No (go to Q23)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other | <p>_____ per month/per year (delete one)</p> <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other |
| Have you had any investigations and/or received any treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication: |
| Have you been referred to a specialist? | <input type="radio"/> Yes <input type="radio"/> No If yes , when and what was the outcome? | <input type="radio"/> Yes <input type="radio"/> No If yes , when and what was the outcome? |

23

Allergies, nasal and/or sinus problems

Have you, or any of the participants to be insured, ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for anaphylaxis, nasal obstruction, hay fever, sinusitis or recent and/or recurrent sinus infections?

Yes No (go to Q24)

Yes No (go to Q24)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> |
| Have you had any investigations and/or received any treatment? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> |
| Have you been referred to a specialist? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> |

24

Dental problems

Have you, or any of the participants to be insured, ever had oral surgery or experienced, had symptoms of, been treated for or been advised to seek testing or treatment for wisdom teeth, impacted or unerupted teeth, cysts or gum disease?

Yes No (go to Q25)

Yes No (go to Q25)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| If wisdom teeth have been removed, please confirm how many. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other | |
| Have you had any investigations and/or received any treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication: | |
| Have you been referred to a specialist? | <input type="radio"/> Yes <input type="radio"/> No If yes , when and what was the outcome? | |

25

Mental health conditions

Have you, or any of the participants to be insured, ever experienced any signs or symptoms of, or are you, or any of the participants to be insured, currently receiving or have ever received counselling, investigations or treatment for, any psychiatric or psychological condition, including anxiety, stress or depression?

Yes No (go to Q26 for males or Q27 for females)

Yes No (go to Q26 for males or Q27 for females)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | _____ per month/per year (delete one) <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other | _____ per month/per year (delete one) <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other |
| Have you had any investigations and/or received any treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details regarding type of investigations, treatment and/or medication: | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details regarding type of investigations, treatment and/or medication: |
| Have you been referred to a specialist? | <input type="radio"/> Yes <input type="radio"/> No If yes, when and what was the outcome? | <input type="radio"/> Yes <input type="radio"/> No If yes, when and what was the outcome? |

26 To be completed by males only

Have you, or any of the male participants to be insured, ever experienced any signs or symptoms of, or are you, or any of the male participants to be insured, currently receiving or have ever received counselling, investigations or treatment from a health professional for, any of the following: blood in the urine, slow urinary stream, problems with passing urine, disease or disorder of the testicles, bladder, urethra or prostate, sexual dysfunction or abnormal prostate tests?

Yes No (go to Q28)

Yes No (go to Q28)

| | | |
|---|--|--|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | _____ per month/per year (delete one) <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other | _____ per month/per year (delete one) <input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other |
| Have you had any investigations and/or received any treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details regarding type of investigations, treatment and/or medication: | <input type="radio"/> Yes <input type="radio"/> No If yes, please provide details regarding type of investigations, treatment and/or medication: |
| Have you been referred to a specialist? | <input type="radio"/> Yes <input type="radio"/> No If yes, when and what was the outcome? | <input type="radio"/> Yes <input type="radio"/> No If yes, when and what was the outcome? |

27

To be completed by females only

Have you, or any of the female participants to be insured, ever experienced any signs or symptoms of, or are you, or any of the female participants to be insured, currently receiving or have ever received counselling, investigations or treatment from a health professional for, any of the following: breast disease or disorder, breast lumps, cysts or breast pain, gynaecological disorder of any kind, endometriosis, polycystic ovarian syndrome, irregular, heavy or painful menstrual bleeding, current symptoms of menopause, ovarian or hormonal problems, complications of pregnancy, abnormal smear(s), painful intercourse and/or prolapse?

Yes No (go to Q28)

Yes No (go to Q28)

| | Name of participant: | Name of participant: |
|---|---|---|
| Please advise the name of the medical condition. | | |
| When did you first experience symptoms? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> | |
| Have you had any investigations and/or received any treatment? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, please provide details regarding type of investigations, treatment and/or medication:</p> |
| Have you been referred to a specialist? | <p><input type="radio"/> Yes <input type="radio"/> No</p> <p>If yes, when and what was the outcome?</p> | |

28 Other conditions

Have you, or any of the participants to be insured:

- ever experienced, had symptoms of, been treated for or been advised to seek testing or treatment for any other illness, accident, injury, condition, complaint, disability, medication or disorder not already stated?
- been hospitalised or had any tests, medical treatment or investigations in the last five years or be intending to for **any condition not already stated**, including but not limited to blood and/or urine test, X-ray, ultrasound, CT scan, mammogram, MRI, gastroscopy, colonoscopy, endoscopy, hysteroscopy and laparoscopy?
- had more than five consecutive days off work or school in the past five years due to **any condition not already stated**?
- ever had elective surgery for any reason?

Yes No (go to Q29)

Yes No (go to Q29)

| | | |
|---|---|---|
| | Name of participant: | Name of participant: |
| Please advise the name of the medical condition, treatment and/or surgery. | | |
| When did you first experience symptoms? If elective surgery, when did you first receive treatment? | DAY / MONTH / YEAR | DAY / MONTH / YEAR |
| Please describe the symptoms. | | |
| When did you last experience any symptoms? | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going | DAY / MONTH / YEAR <input type="radio"/> This condition is on-going |
| How frequent and severe are/were the occurrences or attacks of the condition? | <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> <p>_____ per month/per year (delete one)</p> <p><input type="radio"/> Mild <input type="radio"/> Moderate <input type="radio"/> Severe <input type="radio"/> Other</p> | |
| Have you had any investigations and/or received any treatment? | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication: | <input type="radio"/> Yes <input type="radio"/> No If yes , please provide details regarding type of investigations, treatment and/or medication: |
| Have you been referred to a specialist? | <input type="radio"/> Yes <input type="radio"/> No If yes , when and what was the outcome? | |

29

Family history (please answer both questions below)

Have you, or any of the participants to be insured, ever undertaken testing or treatment, or been advised to seek testing or treatment in relation to family history?

Yes No (go to the question below)

Yes No (go to the question below)

| | Name of participant: | Name of participant: |
|---|----------------------|----------------------|
| Please advise the name of the medical condition tested, the reason why the testing was required and the outcome | | |

Have any of your grandparents, parents, brothers, sisters or children (living or dead) had or been diagnosed with any of the following: cancer, stroke, heart disease, diabetes, kidney disease, Huntington's chorea, muscular dystrophy, cystic fibrosis, familial polyposis, polycystic kidney disease, bowel and/or colon polyps, multiple sclerosis, inherited neurological or blood disease or any familial and/or congenital disease or disorder?

Yes

Yes

Yes

Yes

No (go to Section D)

| | Name of participant: | Name of participant: | Name of participant: | Name of participant: |
|---|----------------------|----------------------|----------------------|----------------------|
| Medical condition (If cancer, specify type and site) | | | | |
| Family member affected Please specify which side of the family ie: maternal/paternal | | | | |
| Age at diagnosis | | | | |
| Current age | | | | |
| Age at death (if applicable) | | | | |

Once you have completed all health questions, please go to Section D (page 32).

Please use the next three pages if you require more space to answer any of the health questions. Make sure you include the question number (e.g. Q8) and the participant's name.

